



JUNIOR REC GYMNASTICS

SESSIONS STARTING MARCH 15!
Pre-registration required by March 8



Please visit www.laporteparkandrec.com for more details & class updates.

\$90

Classes held at the
Civic Auditorium,
Lower Level

(enter through door at end of
ramp on Plain Street)

1001 Ridge Street,
La Porte, IN 46350

Pre-registration
required at:

City of La Porte
Park & Rec. Dept.
250 Pine Lake Ave.
219-326-9600

CLASS DESCRIPTIONS

ALL CLASSES 30 MINUTES

BABY GYM - Crawling babies to 18 months with caregiver

This is a great class for babies to safely explore a new setting and interact with other little ones! The child will enhance their sensory perception, body awareness, and be in a social environment to learn and play. Bond with your child with music activities, obstacle courses, climbing and more!

TODDLER & ME GYM - Ages 18 months to 3 years with caregiver

This is an interactive parent and child class, where the child will develop physically and socially. During the class, parents will assist the child with warm-up activities, balance, climbing, swinging and jumping. These are just a few of the activities you & your little one will enjoy!

PRE-K / KINDER GYM - Ages 4 to 6 years old

This fun program will teach basic gymnastics fundamentals while building confidence, independence, agility and coordination. Class will follow a circuit format, while learning skills such as forward rolls, handstands, cartwheels, strength and flexibility. Each class the child will practice bars, beams, floor & tumbling skills and other active fun!

ABOUT THE INSTRUCTOR

Christie is a mom of 2, yoga teacher, owner and founder of Divine Child Yoga and has over 10-years experience coaching recreational, developmental (pre-team) and competitive gymnastics.

She was the Program Director for FlipStar Gymnastics Academy for many years before relocating to LaPorte. She is First Aid, CPR and AED certified and confidently leads developmentally appropriate yoga & gymnastics classes in a safe, fun and supportive environment for all ages and abilities!

CLASS DATES & TIMES**

***Class times subject to change based on enrollment.*

MORNING SESSION

9:00-9:30 - BABY GYM

9:45-10:15 - TODDLER & ME

10:30-11:00 - PRE-K/KINDER

EVENING SESSION

4:30-5:00 - PRE-K/KINDER

5:15-5:45 - TODDLER & ME

5:45-6:15 - PRE-K/KINDER

UPCOMING SIX-WEEK SESSIONS

****WEDNESDAYS 3/15-4/26**
(no class 4/19)

(Make up class 5/3)

Student minimums required for classes. Class space limited to 8 students



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"I'm so excited to share my passion for teaching movement, fitness, and fun to La Porte's little ones!" ~ Christie

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Need-Based Scholarships are offered to assist youth who do not have the financial means to participate in recreation programs. To apply for assistance, contact Recreation Director Pam Carroll at pcarroll@cityoflaportein.gov. Scholarship forms are available on our website.